

Welcome to your  
Insider's Guide.

## Table of Contents

Introduction	1
Weather	3
Local Sports	5
Golf Courses	8
Schools	12
Things To Do And See	16
Directory	24
Contact Information	36

# TIDE VIRGINIA CITY NORFOLK WATER REGION



## Welcome to Tidewater!

Tidewater, or the Coastal Plain, is a low-lying region in eastern Virginia between the Atlantic Ocean and the Chesapeake Bay. It is known for its flat terrain, tidal marshes, swamps, and agricultural lands. It hosts significant features like military bases, including the world's largest naval base, Norfolk Naval Base. The region boasts beautiful beaches, historic museums, wildlife refuges, and is crossed by several rivers, such as the James and Potomac. It also features the Fall Line, where the Appalachians meet the coastal plain.

This guide is designed to give you a brief overview of what Tidewater has to offer. For more information about Influence Relocation, please visit our website:

[InfluenceRelocation.com](https://InfluenceRelocation.com)

# Weather

Virginia's Tidewater region has a mild and balanced climate with four distinct seasons. Winters are generally mild, with temperatures rarely dropping below freezing, and snow and ice are rare. Spring and autumn are pleasant, while summers are warm and long but occasionally cooled by northeasterly winds from the Atlantic. Here's a breakdown of the average weather:



Average Temperature

60°



Average Annual Rainfall

41.3"



Weather Patterns

Temperate

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
High	50°	52°	60°	69°	77°	84°	88°	86°	80°	71°	62°	54°
Low	35°	36°	43°	51°	60°	68°	73°	71°	66°	55°	45°	39°
Rain	8.6"	8.4"	9.1"	8.9"	10.4"	11"	13.2"	12"	8.4"	7.1"	6.6"	7.7"



# Local Sports

Tidewater, Virginia has a few professional sports teams, including the Norfolk Tides (minor league baseball), Norfolk Admirals (hockey), Tidewater Sharks (soccer) and the Virginia Aces (football) as a new team and league coming to Hampton Roads.

## Norfolk Tides (AAA)

In April 1993, Harbor Park, a stadium with a seating capacity of 12,067, officially opened as the home venue for the Norfolk Tides, a Triple-A minor league baseball team. In 1995, Baseball America honored the stadium with the distinction of being named the best minor league ballpark.

Sport: Baseball  
Founded: 1993  
Stadium: Harbor Park

## Norfolk Admirals (ECHL)

After the AHL team was relocated in 2015, Norfolk received a new ECHL team, also named the Norfolk Admirals, for the 2015–16 season.

Sport: Ice Hockey  
Founded: 1970  
Stadium: Norfolk Scope

## Tidewater Sharks Soccer Club (NPSL)

The Tidewater Sharks is a player-first travel soccer club with the goal of providing the best competitive environment with an emphasis on long-term player development and building the complete athlete.

Sport: Soccer  
Founded: 1977  
Stadium: Williamsburg Indoor Sports Complex

## Virginia Aces (MLF)

A professional football team coming to Hampton Roads as a new team in a new league will call Norfolk home. The Virginia Aces introduced themselves to the community during a press conference.

Sport: Football  
Founded: 2024  
Arena: Dick Price Stadium





# Golf Courses

The Tidewater area of Virginia offers several notable golf courses, including The Woodlands in Hampton, a popular and affordable public course with the Hampton River influencing many holes. Virginia Beach's Red Wing Lake Golf Course and Virginia Beach National Golf Club provide scenic layouts with wetlands, lakes, and challenging wind conditions.

## Country Clubs

Broad Bay Country Club	757.496.9090	<a href="http://broadbaycc.com">broadbaycc.com</a>
Cavalier Golf & Yacht Club	757.428.3131	<a href="http://cavaliergycc.com">cavaliergycc.com</a>
Cypress Point Country Club	757.490.6300	<a href="http://cypresspointcc.com">cypresspointcc.com</a>
Elizabeth Manor Golf & Country Club	757.488.4534	<a href="http://elizabethmanorgolf.com">elizabethmanorgolf.com</a>
Fredericksburg Country Club	540.373.8781	<a href="http://fredclub.org">fredclub.org</a>
Greenbrier Country Club	757.547.7375	<a href="http://invitedclubs.com">invitedclubs.com</a>
James River Country Club	757.595.3327	<a href="http://jamesrivercc.com">jamesrivercc.com</a>
Mallory Country Club	757.625.9741	<a href="http://mallorycountryclub.com">mallorycountryclub.com</a>
Princess Anne Country Club	757.428.4141	<a href="http://princessannecc.com">princessannecc.com</a>
The Country Club of Virginia - Westhampton	804.288.2891	<a href="http://theccv.org">theccv.org</a>
Two Rivers Country Club	757.258.4610	<a href="http://governorsland.com">governorsland.com</a>

Public and Private Courses

Aeropines Golf Course	757.433.2866		<a href="http://navymwrmidlant.com">navymwrmidlant.com</a>
Battlefield Golf Club	757.482.4779		<a href="http://playthebattlefield.com">playthebattlefield.com</a>
Bay Creek	844.620.2900		<a href="http://baycreeklife.com">baycreeklife.com</a>
Bayville Golf Club	757.460.7936		<a href="http://bayvillegolfclub.com">bayvillegolfclub.com</a>
Cypress Creek Golfers' Club	757.365.4774		<a href="http://cypresscreekgolfersclub.com">cypresscreekgolfersclub.com</a>
Hell's Point Golf Club	757.721.3400		<a href="http://hellspoint.com">hellspoint.com</a>
Heron Ridge Golf Club	757.426.3800		<a href="http://heronridge.com">heronridge.com</a>
Honey Bee Golf Club	757.471.2768		<a href="http://honeybeegolf.com">honeybeegolf.com</a>
Kempsville Greens Golf Club	757.474.8441		<a href="http://kempsvillegreensgolf.com">kempsvillegreensgolf.com</a>
Ocean View Golf Course	757.480.3215		<a href="http://oceanviewgc.com">oceanviewgc.com</a>
Red Wing Lake Golf Course	757.437.2037		<a href="http://redwinglakegolf.com">redwinglakegolf.com</a>
Riverfront Golf Club	757.484.2200		<a href="http://riverfrontgolf.com">riverfrontgolf.com</a>
Sewells Point Golf Course	757.444.5572		<a href="http://navylifema.com">navylifema.com</a>
Sleepy Hole Golf Course	757.538.4100		<a href="http://sleepyholegolfcourse.com">sleepyholegolfcourse.com</a>
Suffolk Golf Course	757.539.6298		<a href="http://suffolkgolfcourse.org">suffolkgolfcourse.org</a>
The Club at Viniterra	804.932.3888		<a href="http://viniterragolf.com">viniterragolf.com</a>
Virginia Beach National Golf Club	757.563.9440		<a href="http://vbnational.com">vbnational.com</a>





# Schools

Tidewater, Virginia has several educational institutions, including Tidewater Community College, which provides collegiate education, workforce training, and military student support. The current system rates almost all Virginia schools as high performing, with 88% of Virginia schools receiving the highest rating of accredited.

## School Districts

**Chesapeake Public Schools**  
757.547.0153  
[cpschools.com](https://cpschools.com)

**Fairfax County Public Schools**  
571.423.3000  
[fcps.edu](https://fcps.edu)

**Falls Church City Public Schools**  
703.248.5600  
[fccps.org](https://fccps.org)

**Norfolk City Public Schools**  
757.670.3945  
[npsk12.com](https://npsk12.com)

**Virginia Beach City Public Schools**  
757.263.1000  
[vbschools.com](https://vbschools.com)



Private Schools

Chesapeake Bay Academy  
757.497.6200  
[cba-va.org](http://cba-va.org)

Ocean View Christian Academy  
757.583.1808  
[ovc.academy](http://ovc.academy)

McDonald Montessori School  
757.423.1800  
[mcdonaldmontessori.com](http://mcdonaldmontessori.com)

Park Place School  
757.624.3473  
[parkplaceschool.net](http://parkplaceschool.net)

Mt. Pleasant Christian School  
757.482.9557  
[mtpleasantchristian.org](http://mtpleasantchristian.org)

Ready Academy  
757.622.5650  
[readyacademy.org](http://readyacademy.org)

Norfolk Academy  
757.461.6236  
[norfolkacademy.org](http://norfolkacademy.org)

Ryan Academy of Norfolk  
757.583.7926  
[ryanacademy.org](http://ryanacademy.org)

Norfolk Christian School  
757.423.5770  
[norfolkchristian.org](http://norfolkchristian.org)

St Pius X Catholic School  
757.588.6171  
[spxschoolnorfolk.org](http://spxschoolnorfolk.org)

Norfolk Collegiate  
757.480.2885  
[norfolkcollegiate.org](http://norfolkcollegiate.org)

Strelitz International Academy  
757.424.4327  
[strelitzinternationalacademy.org](http://strelitzinternationalacademy.org)

Norfolk Collegiate Lower School  
757.625.0471  
[norfolkcollegiate.org](http://norfolkcollegiate.org)

Suffolk Christian Academy  
757.809.6606  
[suffolkchristianacademy.org](http://suffolkchristianacademy.org)

OakTree Academy  
757.248.9560  
[oaktreeacademy.org](http://oaktreeacademy.org)

Veritas Collegiate Academy  
757.410.5095  
[veritasca.com](http://veritasca.com)

Performing Arts Schools

Performing Arts Academy of Virginia Beach  
757.439.1218  
[performingartsacademyvb.com](http://performingartsacademyvb.com)

Tidewater Community College  
757.822.1111  
[tcc.edu](http://tcc.edu)

Roper Performing Arts Center at TCC  
757.822.1450  
[virginiasymphony.org](http://virginiasymphony.org)

Virginia Beach School of the Arts  
757.717.7187  
[vabeachsa.com](http://vabeachsa.com)

The Governor's School For The Arts  
757.451.4711  
[gsarts.org](http://gsarts.org)





# Things To Do And See

Tidewater, Virginia offers a mix of outdoor and cultural attractions, such as the Virginia Beach Boardwalk, Norfolk Botanical Garden, and First Landing State Park, alongside museums like the Chrysler Museum of Art and the Virginia Aquarium. For family fun, visitors can enjoy activities at Apex Entertainment or explore historic sites like the Battleship Wisconsin.

## American Revolutionary Museum

The American Revolution Museum at Yorktown chronicles the nation's founding through engaging galleries with artifacts, immersive displays, and films, including a 180-degree experience of "The Siege of Yorktown."

757.253.4838  
[jyfmuseums.org](http://jyfmuseums.org)

## Back Bay National Wildlife Refuge

Back Bay National Wildlife Refuge spans over 9,200 acres of diverse habitats, offering trails through marshes and woodlands, impoundment views, and access to False Cape State Park, with opportunities for birdwatching, hiking, and canoeing or kayaking.

757.301.7329  
[fws.gov](http://fws.gov)

## Buckroe Beach and Park

Buckroe Park borders the magnificent Chesapeake Bay with three-quarters of a mile of clean beach.

757.727.8311  
[hampton.gov](http://hampton.gov)

## Busch Gardens Williamsburg

Busch Gardens Williamsburg is a 130-acre European-themed adventure park. It offers thrilling roller coasters, including the new Pantheon. The park features over 50 attractions, live shows, and dining options. Additionally, it has been recognized as the "World's Most Beautiful Amusement Park" annually since 1990.

757.229.4386  
[buschgardens.com](http://buschgardens.com)

## Cape Henry Memorial

There are two lighthouses located at Cape Henry within the Fort Story military base near the northern end of Virginia Beach.

757.422.9421  
[preservationvirginia.org](http://preservationvirginia.org)

Chrysler Museum of Art

The Chrysler Museum has 50 galleries with 30,000+ objects, an interactive space for kids and families, and an incredible glass studio.

757.664.6200  
chrysler.org

Currituck Beach Lighthouse

The historic red brick lighthouse, first lit in 1875, still operates today with its original Fresnel lens, flashing every 20 seconds and is visible for 18 nautical miles, guiding ships along the North Carolina coast.

252.453.4939  
obcinc.org

First Landing State Park

First Landing State Park offers a swimming beach, hiking and biking trails, and a campground.

757.412.2300  
nps.gov

Hampton Roads Naval Museum

The Hampton Roads Naval Museum, located inside Nauticus, is an accredited museum operated by the United States Navy and celebrates the history of the fleet in the Hampton Roads region of Virginia.

757.322.2987  
history.navy.mil

Colonial Williamsburg

Experience the largest outdoor educational living museum in the country, through immersive and authentic 18th-century programming for our guests.

888.965.7254  
colonialwilliamsburg.org

False Cape State Park

False Cape features guided kayak trips, primitive camping, interpretive programs, hiking and biking trails, and 6 miles of pristine Atlantic Ocean beach.

757.426.7128  
dcr.virginia.gov

Fort Monroe National Monument

Fort Monroe's story spans from prehistory to the 2000s. Kecoughtan Indians occupied Old Point Comfort before the arrival of English colonists.

757.722.3678  
nps.gov

Hermitage Museum & Gardens

The Hermitage showcases a renowned 5,000-year art collection, rotating exhibitions, a Visual Arts Studio, and 12 acres of gardens, providing a rich cultural experience for the community.

757.423.2052  
thehermitagemuseum.org

Historic Jamestown

Historic Jamestown is the cultural heritage site that was the location of the 1607 James Fort and the later 17th-century town of Jamestown in America.

757.856.1250  
historicjamestowne.org

Jamestown Settlement

Explore Jamestown Settlement, a living-history museum that tells the story of America's first permanent English colony.

757.253.4838  
jyfmuseums.org

Military Aviation Museum

The Military Aviation Museum, located in Virginia Beach, is home to the world's largest collection of airworthy vintage military aircraft.

757.721.7767  
militaryaviationmuseum.org

Nauticus

Nauticus is a maritime discovery center located along the waterfront in downtown, Norfolk offering a unique form of experiential learning for all ages.

757.664.1000  
nauticus.org

Hunt Club Farm

Hunt Club Farm is a one-of-a-kind family-owned and operated farm attraction in Virginia Beach with over 30 acres of farm fun for everyone.

757.427.9520  
huntclubfarm.com

MacArthur Memorial

The MacArthur Memorial is a memorial, museum, and research center about the life of General Douglas MacArthur. It consists of three buildings on MacArthur Square in Norfolk, Virginia.

757.441.2965  
macarthurmemorial.org

Mount Trashmore Park

World-renowned Mount Trashmore Park is the sister park to Haginodai Park in Japan and encompasses 165 acres, two man-made mountains, two lakes, and two playgrounds.

757.385.2995  
parks.virginiabeach.gov

Norfolk Botanical Garden

The breathtaking landscapes at Norfolk Botanical Garden are perfect for nature lovers, families, and photography enthusiasts.

757.441.5830  
norfolkbotanicalgarden.org

### Norfolk Yacht & Country Club

Norfolk Yacht & Country Club is a first-class waterfront setting that provides a wide range of social activities and recreational facilities for member enjoyment and perpetuates a culture of camaraderie and fun among members.

757.423.4500  
[norfolkyacht.com](http://norfolkyacht.com)

### Shipwreck Golf

This newly renovated 36-hole course is the largest and the most challenging in the Virginia Beach resort area. Enjoy the tranquil sounds of waterfalls along with your favorite island music.

757.422.6419  
[vbmotorworld.com](http://vbmotorworld.com)

### The Mariners’ Museum and Park

Come explore the world-class exhibits and and artifacts that explore maritime history, including the USS Monitor Center and global small craft collections. Visitors can also hike the scenic Noland Trail or enjoy a picnic at Lions Bridge, connecting with the world’s waters and the stories that unite us.

757.596.2222  
[marinersmuseum.org](http://marinersmuseum.org)

### The Thoroughgood House

One of the oldest surviving colonial homes in Virginia Beach and a National Historic Landmark, the Thoroughgood House was likely built in 1719.

757.385.5100  
[vbmuseums.org](http://vbmuseums.org)

### Oak Grove Lake Park

Oak Grove Lake Park, spanning 157 acres off Volvo Parkway, features a multi-use trail around a 65-acre lake, open spaces, play areas, and scenic views of forests and wetlands. Swimming and boating are only allowed by special permit.

757.382.6411  
[cityofchesapeake.net](http://cityofchesapeake.net)

### Tarnished Truth Distilling Co.

Tarnished Truth uses old and new distilling techniques to create a superb portfolio of award-winning locally crafted bourbon, rye whiskey, vodka, gin and other specialty spirits. Stop by the tasting room or join us for a guided distillery tour.

757.965.9652  
[tarnishedtruth.com](http://tarnishedtruth.com)



### Town Point Park

Town Point Park is a 7-acre waterfront city park on the Elizabeth River in Norfolk, Virginia. The park hosts major outdoor concerts, award-winning festivals, and special events each year to include the Norfolk Harborfest, Bayou Boogaloo, and 4th of July Celebrations.

757.664.6464  
[sevenvenues.com](http://sevenvenues.com)

### USS Wisconsin BB-64

USS Wisconsin (BB-64) is an Iowa-class battleship built for the United States Navy (USN) in the 1940s and is currently a museum ship.

757.664.1000  
[nauticus.org](http://nauticus.org)

Virginia Air & Space Science Center

A museum and educational facility in Hampton, Virginia that also serves as the visitors center for NASA's Langley Research Center and Langley Air Force Base. The museum also features an IMAX digital theater and offers summer aeronautic-themed and space-themed camps for children.

757.727.0900  
vasc.org

Virginia Aquarium & Marine Science Center

With thousands of animals and amazing hands-on exhibits, the Virginia Aquarium & Marine Science Center has gallons of fun for everyone!

757.385.3474  
virginiaaquarium.com

Virginia Beach Oceanfront

Explore the exciting Virginia Beach Boardwalk, with three miles of oceanfront fun including entertainment, attractions, restaurants, shops and events.

757.385.4700  
visitviriniabeach.com

Virginia Living Museum

This open-air museum located in Newport News, Virginia has many living exhibits of Virginia's indigenous species. The exhibits include aspects of an aquarium, science center, aviary, botanical preserve and planetarium.

757.595.1900  
thevlm.org

Virginia Museum of Contemporary Art

Virginia MOCA showcases dynamic contemporary art exhibitions that explore shared humanity, while also hosting the annual Virginia MOCA Boardwalk Art Show, a three-day festival featuring nearly 200 artists from across the country.

757.425.0000  
viriniamoca.org

Virginia Zoo

The Virginia Zoo is a sprawling park with 700+ animals from 150+ species, plus tours, gardens & kids' camps.

757.441.2374  
virginiazoo.org

Water Country USA

Virginia's largest water park offers fun for the entire family with resort-style amenities and more than 40 state-of-the-art water rides and attractions.

757.229.4386  
watercountryusa.com

Waterside District

The Waterside District is a bustling gathering place featuring casual eateries, bars & live music by the waterfront.

757.426.7433  
watersidedistrict.com

Williamsburg

Williamsburg was the capital city of the Virginia Colony from 1699 to 1780 and played a significant role in the American Revolution. It forms the “Historic Triangle” together with Jamestown and Yorktown. Its heart is Colonial Williamsburg, a historic district and living-history museum where actors in period costume depict daily Colonial life in the streets, stores and workshops.

888.965.7254  
colonialwilliamsburg.org

Yorktown Battlefield

Yorktown offers a variety of fun activities, from its award-winning farmers market and outdoor concerts to wine festivals, waterfront venues, and family-friendly entertainment, including food, fireworks, and history.

757.898.2410  
nps.gov



# Effortless Moving, Streamlined Cost.

We provide a streamlined process that saves you time, money and frustration by utilizing our national relocation network. Whether you're in the market to buy, sell, or rent, we're here to assist you every step of the way.

### Real Estate

You will be connected to one of our certified relocation agents.

### Moving & Transportation

Finding the right moving company ensures a seamless transition.

### Rental Services

We assist you with any and all of your rental needs.

### Concierge Services

We're here to help you find support and amenities in your new community.

## Directory

This directory serves as a valuable tool for efficiently locating and accessing essential resources, such as dining establishments, healthcare facilities, public service offices, and community events. By offering comprehensive details and contact information, it aims to streamline the process of finding necessary services and participating in local activities.

### Colleges and Universities

Atlantic University	757.631.8101		<a href="http://atlanticuniv.edu">atlanticuniv.edu</a>
Bryant and Stratton College (Virginia Beach)	757.499.7900		<a href="http://online.bryantstratton.edu">online.bryantstratton.edu</a>
Christopher Newport University	757.594.7000		<a href="http://cnu.edu">cnu.edu</a>
Eastern Virginia Medical School	757.446.5600		<a href="http://evms.edu">evms.edu</a>
Hampton University	757.727.5000		<a href="http://home.hamptonu.edu">home.hamptonu.edu</a>
Norfolk State University	757.823.8600		<a href="http://nsu.edu">nsu.edu</a>
Old Dominion University	757.683.3000		<a href="http://odu.edu">odu.edu</a>
Regent University	757.352.4885		<a href="http://explore.regent.edu">explore.regent.edu</a>
The College of William and Mary	757.221.4000		<a href="http://wm.edu">wm.edu</a>
Virginia Wesleyan College	757.455.3200		<a href="http://vwu.edu">vwu.edu</a>

The business listings provided in this directory are for informational purposes only. While every effort has been made to ensure accuracy, not all listings may include complete information such as phone numbers, websites, or other contact details.

Technical Institutes

Advanced Technology Institute	757.490.1241		<a href="#">auto.edu</a>
ECPI College of Technology (Virginia Beach and Newport)	757.517.3903		<a href="#">ecpi.edu</a>
The Newport News Shipbuilding’s Apprentice School	757.380.3809		<a href="#">as.edu</a>

Community Colleges

Eastern Shore Community College	757.789.1789		<a href="#">es.vccs.edu</a>
Paul D. Camp Community College	757.569.6700		<a href="#">pdc.edu</a>
Rappahannock Community College	804.333.6700		<a href="#">rappahannock.edu</a>
Tidewater Community College	757.822.1111		<a href="#">tcc.edu</a>
Virginia Peninsula Community College	757.825.2700		<a href="#">vpcc.edu</a>

Ethnic Food Markets

American Asian Food Market	757.498.1222		<a href="#">American Asian</a>
Anand Bazaar	757.775.2763		<a href="#">Anand Bazaar</a>
Anas Halal Grocery	757.222.5539		<a href="#">Anas Halal Grocery</a>
Asia Grocery	757.456.2271		<a href="#">Asia Grocery</a>
Delicate Oriental Grocery	757.216.2611		<a href="#">kempsriver.com</a>
E Mart	757.390.2643		<a href="#">emartva.com</a>
European Grocery Market - Russian Food	757.233.2640		<a href="#">European Grocery</a>
Farmers International Foods	757.689.8244		<a href="#">maangchi.com</a>
Four Seasons Oriental Grocery	757.499.2173		<a href="#">Four Seasons</a>
Grand Mart	757.490.7901		<a href="#">grandmartva.com</a>
International Food Market & Watergate	757.333.4080		<a href="#">Norfolk International</a>
Leila's Mediterranean Groceries & Deli	757.644.6912		<a href="#">Leila's Mediterranean</a>
Oh! Market International Food	571.292.2918		<a href="#">Oh! Market</a>
Royal Bazaar Indian Asian Market	757.455.0700		<a href="#">Royal Bazaar</a>
Tala Market Meat & Bakery	757.819.6690		<a href="#">Tala Market</a>

Farmers Markets

3W's Farm Market			<a href="#">3Ws Farm Market</a>
Bay Breeze Farms	757.689.1505		<a href="#">visitvirginiabeach.com</a>
Beasley's Farm	757.420.0658		<a href="#">Beasley's Farm</a>
Cindy's Produce	757.427.2346		<a href="#">Cindy's Produce</a>
Cromwell's Produce	757.721.6226		<a href="#">Cromwell's Produce</a>
Cullipher Farm	757.721.7456		<a href="#">cullipherfarm.com</a>
Kings Grant Farmers Market			<a href="#">kingsgrantfarmersmarket.com</a>
Old Beach Farmers Market			<a href="#">oldbeachfarmersmarket.com</a>
Virginia Beach Farmers Market	757.385.4388		<a href="#">agriculture.virginiabeach.gov</a>
Yorktown Market Days Food and Artisans Market	757.890.5900		<a href="#">visityorktown.org</a>

Grocery Stores

Food Lion	757.623.1469		<a href="#">stores.foodlion.com</a>
Harris Teeter	757.533.9284		<a href="#">harristeeter.com</a>
Kroger Marketplace	757.389.7326		<a href="#">kroger.com</a>
The Fresh Market	757.687.3280		<a href="#">thefreshmarket.com</a>
Wegmans	757.271.0500		<a href="#">wegmans.com</a>
Whole Foods Market	757.422.0444		<a href="#">wholefoodsmarket.com</a>

Health Food Stores

Acid 2 Alkaline Herbal Market	757.818.2122		<a href="#">acid2alkalinehm.com</a>
Clean Eatzz	757.431.7077		<a href="#">cleaneatz.com</a>
Health Trail Natural Foods	757.596.8018		<a href="#">healthtrailnaturalfoods.com</a>
Mustard Seed Natural Market & Country Provisions	804.684.5389		<a href="#">mustardseedmarketva.com</a>
Organic Food Depot	757.623.8999		<a href="#">organicfooddepot.com</a>
Sage Organics	757.483.8934		<a href="#">sageorganicsstore.net</a>
Simply Sourced	757.644.6452		<a href="#">Simply Sourced</a>
The Storehouse Natural Products	804.861.1333		<a href="#">shopstorehouseofva.com</a>



Furniture Stores

American Freight Appliances and Furniture	757.461.4111	<a href="http://americanfreight.com">americanfreight.com</a>
Ashley Outlet	757.998.2480	<a href="http://ashleyfurniture.com">ashleyfurniture.com</a>
Decorum Furniture	757.623.3100	<a href="http://decorumfurniture.com">decorumfurniture.com</a>
Grand Furniture	757.460.1541	<a href="http://grandfurniture.com">grandfurniture.com</a>
Havertys Furniture	757.497.9500	<a href="http://havertys.com">havertys.com</a>
Haynes Furniture	757.497.9681	<a href="http://haynesfurniture.com">haynesfurniture.com</a>
Rock's Carolina Furniture	757.346.2882	<a href="http://rockscarolinefurniture.com">rockscarolinefurniture.com</a>
Rooms To Go	757.355.5720	<a href="http://roomstogo.com">roomstogo.com</a>
The Dump Furniture Outlet	757.466.0166	<a href="http://thedump.com">thedump.com</a>
Value City Furniture	757.306.8500	<a href="http://valuecityfurniture.com">valuecityfurniture.com</a>
Virginia Furniture Company	757.627.5075	<a href="http://virginiafurniturecompany.com">virginiafurniturecompany.com</a>

Government Agencies

City of Virginia Beach Department of Human Services	757.385.3200	<a href="http://hs.virginiabeach.gov">hs.virginiabeach.gov</a>
Norfolk City Hall	757.664.6510	<a href="http://norfolk.gov">norfolk.gov</a>
City of Norfolk Department of Human Services	757.664.6000	<a href="http://norfolk.gov">norfolk.gov</a>
Norfolk Community Services Board	757.756.5600	<a href="http://norfolk.gov">norfolk.gov</a>
Norfolk Utilities Department	757.664.6700	<a href="http://norfolk.gov">norfolk.gov</a>
United States Postal Service	757.624.9479	<a href="http://usps.com">usps.com</a>



We take the pain  
out of relocation™

Influence Relocation partners with national lenders to ensure you're getting the best mortgage rates possible.



Save up to  
\$3000  
on closing costs!

Contact us for more information.

Receive up to \$3,000 in savings on your closing costs when you purchase a home through Influence Relocation using one of our preferred realtors and participating lenders.

Concierge@InfluenceRelocation.com  
801.347.8000

Hospitals

Chesapeake Regional Medical Center	757.312.8121		<a href="http://chesapeakeregional.com">chesapeakeregional.com</a>
Riverside Doctors' Hospital Williamsburg	757.585.2200		<a href="http://riversideonline.com">riversideonline.com</a>
Sentara CarePlex Hospital	757.736.1000		<a href="http://sentara.com">sentara.com</a>
Sentara Heart Hospital	757.388.8000		<a href="http://sentara.com">sentara.com</a>
Sentara Independence	757.363.6100		<a href="http://sentara.com">sentara.com</a>
Sentara Leigh Hospital	757.261.6000		<a href="http://sentara.com">sentara.com</a>
Sentara Norfolk General Hospital	757.388.3000		<a href="http://sentara.com">sentara.com</a>
Sentara Princess Anne Hospital	757.507.1000		<a href="http://sentara.com">sentara.com</a>
Sentara Virginia Beach General Hospital	757.395.8000		<a href="http://sentara.com">sentara.com</a>
Sentara Williamsburg Regional Medical Center	757.984.6000		<a href="http://sentara.com">sentara.com</a>

Newspapers

Gloucester Mathews Gazette-Journal	804.693.3101		<a href="http://gazettejournal.net">gazettejournal.net</a>
Smithfield Times	757.357.3288		<a href="http://smithfieldtimes.com">smithfieldtimes.com</a>
The Flagship & Military Newspapers of Virginia	757.222.5829		<a href="http://militarynews.com">militarynews.com</a>
The Tidewater News	757.562.3187		<a href="http://thetidewaternews.com">thetidewaternews.com</a>
The Virginian-Pilot	757.446.9000		<a href="http://pilotonline.com">pilotonline.com</a>
Tidewater Newspapers Inc	804.693.3101		<a href="http://gazettejournal.net">gazettejournal.net</a>

Shopping

Greenbrier Mall	1401 Greenbrier Pkwy, Chesapeake, VA 23320
Janaf Shopping Center	5900 E Virginia Beach Blvd, Norfolk, VA 23502
Lynnhaven Mall	701 Lynnhaven Pkwy, Virginia Beach, VA 23452
MacArthur Center	300 Monticello Ave, Norfolk, VA 23510
Norfolk Premium Outlets	1600 Premium Outlets Blvd, Norfolk, VA 23502
Selden Market	208 E Main St, Norfolk, VA 23510
Southern	7525 Tidewater Dr, Norfolk, VA 23505
The Shops at Hilltop	1604 Hilltop West Shopping Center, Virginia Beach, VA 23451
Town Center of Virginia Beach	222 Central Park Ave, Virginia Beach, VA 23462
Towne Place at Greenbrier	725 Eden Way N, Chesapeake, VA 23320

News Stations

Fox News Now (Channel 13)	757.628.6200		<a href="http://13newsnow.com">13newsnow.com</a>
MYTVZ (Channel 33)	757.622.3333		<a href="http://mytvz.com">mytvz.com</a>
Wavy (Channel 10)	757.393.1010		<a href="http://wavy.com">wavy.com</a>
WHRO (Channel 31)	757.889.9400		<a href="http://whro.org">whro.org</a>
WTKR (Channel 3)	757.446.1000		<a href="http://wtkr.com">wtkr.com</a>

Nightlife

Allure 30/30	757.499.5350		<a href="#">Allure 30/30</a>
Beach House 757	757.301.1715		<a href="#">beachhouse757.com</a>
Beachside Social	757.578.2399		<a href="#">beachsidesocialvb.com</a>
Broadway Nightclub	757.461.0005		<a href="#">broadwaynightclubva.com</a>
Central 111 Tapas Lounge	757.409.0673		<a href="#">central111lounge.com</a>
Dennis Spaghetti & Steak House	757.483.9038		<a href="#">Dennis Spaghetti</a>
Eagles Nest Rockin' Country Bar	757.420.9191		<a href="#">eaglesnestchesapeake.com</a>
MJ's Tavern	757.648.8942		<a href="#">mjstavern.com</a>
Omega Bar	757.515.8090		<a href="#">Omega Bar</a>
PBR Norfolk A Coors Banquet Bar	757.426.7433		<a href="#">watersidedistrict.com</a>
Peabody's Nightclub	757.422.6212		<a href="#">peabodysviriniabeach.com</a>
Riff House Pub	757.937.9454		<a href="#">Riff House Pub</a>
Sky Bar	757.213.3000		<a href="#">skybarvb.com</a>
The Ultra Lounge	757.466.1811		<a href="#">The Ultra Lounge</a>
The Edge	757.425.8541		<a href="#">visitviriniabeach.com</a>
Upscale Restaurant and Lounge	757.424.4477		<a href="#">upscalenightclubva.com</a>
Venue 112	757.236.4723		<a href="#">venue112vb.com</a>
Yard House	757.490.9273		<a href="#">yardhouse.com</a>

Restaurants

4 5 6 Fish	757.625.4444		<a href="#">456fish.com</a>
Aberdeen Barn Steakhouse	757.464.1580		<a href="#">aberdeenbarn.net</a>
Becca Restaurant & Garden	757.965.9899		<a href="#">beccavb.com</a>
Blue Seafood & Spirits	757.689.5395		<a href="#">blueseafoodandspirits.com</a>
Byrd & Baldwin Bros Steakhouse	757.222.9191		<a href="#">byrdbaldwin.com</a>
Circa 1918 Kitchen and bar	757.599.1918		<a href="#">circa1918kitchenandbar.com</a>
Coastal Grill	757.496.3348		<a href="#">coastalgrill.com</a>
Gershwin's	757.226.0814		<a href="#">gershwinsongranby.com</a>
Harper's Table	757.539.2000		<a href="#">harperstable.com</a>
Heirloom	757.689.3339		<a href="#">heirloomvb.com</a>
Hunt Room	757.333.6727		<a href="#">huntroomvb.com</a>
Isle of Capri	757.428.2411		<a href="#">isleofcaprivb.com</a>
River Stone Chophouse	757.638.7990		<a href="#">riverstonechophouse.com</a>
Saltine	757.763.6280		<a href="#">saltinenorfolk.com</a>
Steinhilber's Restaurant	757.340.1156		<a href="#">steinys.com</a>
Terrapin Restaurant	757.321.6688		<a href="#">terrapinvb.com</a>
The Restaurant at Four Eleven York	757.963.7000		<a href="#">fourelevenyork.com</a>
Todd Jurich's Bistro	757.622.3210		<a href="#">toddjurichsbistro.com</a>
Varia	757.763.6281		<a href="#">varianorfolk.com</a>
Zoes Steak & Seafood	757.437.3636		<a href="#">zoesvb.com</a>



We look forward to assisting you during your transition. As a valued client of ours, we are confident that you will experience the difference of Influence Relocation.

**Feel free to contact us anytime  
with questions or just to chat.**

**801.347.8000**

**[Concierge@InfluenceRelocation.com](mailto:Concierge@InfluenceRelocation.com)**